

FAB LOUNGE

INTRODUCTION

Welcome to the ultimate world of luxury and relaxation. Revitalise your body and mind at Fab Lounge Health Spa and Beauty.

We are pleased to offer a wide range of beauty treatments and therapies to cater for your every need.

TREATMENTS

Monday and Tuesday

10.00 to 18.00

Wednesday

10.00 to 19.00

Thursday

09.00 to 19.30

Friday

09.00 to 18.00

Saturday

09.00 to 15.30

ARRIVAL

To ensure that you receive your entire treatment please plan to arrive at least 10 minutes prior to your first treatment.

NEW CLIENTS

All new clients will receive a 10% discount off the cost of their first treatment with Fab Lounge.

GIFT VOUCHERS

Gift vouchers are available for all our treatments. You can also choose to purchase a specific value or a specific treatment if that is your preference. Gift Vouchers are not refundable, not transferable or redeemable for cash or credit and are valid for a period of six months from date of issue.

PERSONALISED PACKAGES

We offer personalised Spa packages for all occasions.

Individual Spa Days

Group Spa Days

Baby Shower Parties

Mother to be Party

Prom Parties

McCANN AND AZ CLIENTS

McCann Manchester and Astra Zeneca members receive 10% of all treatments. (Excluding Retail and Courses).

OFFERS

There are new offers in the salon monthly. Please ring the salon or visit our website for more details

BRANDS

GUINOT

Guinot prides itself on remaining at the forefront of both machine-based and manual treatments. Guinot introduced to the world the first machine-based facial which uses galvanic and high-frequency technology, known today as the award-winning Hydradermie². Guinot is continually adapting and developing their product and treatment formulas to ensure they provide only the best results.

CRYSTAL CLEAR

Crystal Clear Treatments take years off your complexion by gently exfoliating the outer layers of skin. Because it's a safe and controlled method of skin resurfacing, the treatment can be used to solve a wide range of skin concerns on both the face and body.

LASH PERFECT

Lash Perfect are a state of the art semi-permanent lash extensions that give longer, thicker, very natural looking lashes. Soft and curved Lash Perfect have a flat base and a fine, polished tip - just like natural lashes.

HD BROWS

Using a multi-step procedure including a variety of depilation techniques, HD Brows skills can be used to create the ultimate in High Definition Brows. HD Brows are suitable for anyone.

ESPA

Found in the finest spas around the world, every encounter with ESPA brings with it a sense of pleasure and discovery. This award winning skincare range, indulgent body collection and men's essentials combine effective and natural ingredients that work in harmony with you and your skin.

JESSICA

Considered the world's leading authority on natural nail care, Jessica Cosmetics understands what it takes to achieve and maintain naturally beautiful nails. Jessica Cosmetics regularly bring out new colour collections with nail varnish colours for every taste.

LVL LASHES

Created by Nouveau Lashes LVL Lashes is a revolutionary new lash boosting technique taking the beauty industry by storm. The treatment adds length, volume and lift (LVL) for six to eight weeks.

VITA LIBERATA

The Vita Liberata spray tan is 80% organic and doesn't contain alcohol or perfume which can be harsh on the skin. It is also free from harmful parabens and contains uplifting ingredients.

FACIALS GUINOT FACIAL

Guinot prides itself on remaining at the forefront of both machine-based and manual treatments. Guinot introduced to the world the first machine-based facial which uses galvanic and high-frequency technology, known today as the award-winning Hydradermie². Guinot is continually adapting and developing their product and treatment formulas to ensure they provide only the best results.

HYDRADERM CELLULAR ENERGY FACIAL

Achieve immediate result with Guinot's brand new, revolutionary treatment which provides the alternative to aesthetic surgery. Using dynamic ionisation and thermal energy, this patented technology encourages the cellular energy in the skin which beautifully enhances and spectacularly rejuvenates the complexion. This unique treatment, with a variety of bespoke variations to suit your skin type and concerns allows you to achieve exceptional, visible and clinically proven results after just one treatment.

75 min 75.00
Course of 6 Treatments 375.00

HYDRADERM CELLULAR ENERGY LIFT FACIAL

We can't fight against time, but we can reduce the effects of time on the skin. This effective lifting treatment stimulates the facial muscles using a low frequency current which causes a toning action, stimulating the muscle fibres in the skin leaving a smoother, firmer and more youthful appearance to the complexion.

60 min 70.00
Course of 6 Treatments 350.00

EYE LOGIC FACIAL

This unique treatment targets signs of ageing and tiredness around the delicate eye area, including fine lines, wrinkles, puffiness and dark circles. Using an expert combination of machine technology, a specific hands-on massage and a specially designed eye mask soaked in a concentrated skin repair serum for maximum effectiveness.

50 min 45.00
Course of 6 Treatments 225.00



FACIALS GUINOT FACIAL

AGE SUMMUM FACIAL

The pinnacle of anti-ageing treatments, Age Summum, uses pure Vitamin C, Hyaluronic Acid and Pro-Collagen to target the signs of ageing. Active ingredients are penetrated into the skin using the exclusive Age Summum anti-ageing facial massage. Fine lines and wrinkles are smoothed and the skin's youthful radiance is restored.

50 min 65.00
Course of 6 Treatments 325.00

HYDRA PEELING FACIAL

The Hydra Peeling treatment is a skin rejuvenating treatment with two peeling options that are adjusted and prescribed based on the client's beauty goals and level of skin sensitivity. This revolutionary, skin renewal treatment even enables clients with sensitive skin to enjoy the benefits of an enhanced cellular regeneration peel. Hydra Peeling is a unique alternative to aesthetic medicine that erases visible signs of ageing, brightens skin tone and diminishes dark spots.

45 min 60.00
Course of 6 Treatments 300.00



LIFTOSOME FACIAL

This treatment focuses on restoring firmness and youth to skin which is showing signs of ageing and fatigue. The modelling and gentle heating effects from the ThermoLift Mask penetrate the active ingredients into the skin leaving the face firm and the skin smooth.

60 min 50.00
Course of 6 Treatments 250.00

AROMATIC FACIAL

Powered by essential oils, this luxurious, holistic treatment uses carefully selected plant concentrates to bring natural beauty to your skin. The bespoke treatment method combines the benefits of essential oils with unique massaging techniques to fill your skin with energy. Concluding with an Aromatic mask, your skin will restore its natural radiance.

60 min 50.00
Course of 6 Treatments 250.00

FACIALS

ESPA FACIALS

Our facials begin with a detailed consultation and in-depth skin analysis using technology to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, to include cleansing, exfoliation and a spa treatment specific massage and mask. Finally, skincare products are chosen for your individual needs to achieve the best possible results.

SKIN SOLUTIONS

OPTIMAL SKIN PRO FACIAL

Rebalance, hydrate and revitalise with this targeted facial that unites the pioneering formulas of our Optimal Skin collection with expertly tailored facial techniques. Tri-Phase cleansing technology is enhanced with Clarisonic brushing for a deep cleanse, while new Optimal Skin ProMoisturiser targets the delivery of nutrient-rich, hydrating actives to where your skin requires them the most. Instantly reviving and brightening the complexion, this facial ultimately helps to protect against environmental damage and delay the early stages of skin ageing.

55 min 52.00
Course of 6 Treatments 260.00

SKIN RADIANCE FACIAL

This revitalising facial treatment helps refresh tired skin, giving a noticeably brighter and naturally radiant appearance. A special application of ESPA Skin Radiance Moisturiser; rich in natural AHAs and BHAs from Hawaiian Algae and Meadowsweet, helps to smooth, reduce irregular pigmentation and brighten the skin to deliver instant results.

55 min 52.00
Course of 6 Treatments 260.00

RE-HYDRATING FACIAL

An intensive and regenerating facial for dehydrated skin leaving it supple and nourished. Gentle cleansing and exfoliation help the skin absorb replenishing face treatment oils and masks to deeply moisturise and soothe the complexion. This rehydrating facial leaves skin smooth and feeling rejuvenated.

55 min 52.00
Course of 6 Treatments 260.00



FACIALS

ESPA FACIALS

SKIN SOLUTIONS

ESPA DE-SENSITISER FACIAL

A comforting facial for sensitive skins prone to redness and irritation, leaving skin calmed and nourished. Desensitising natural plant extracts and calming aromatherapy oils such as Chamomile and Benzoin are used to gently cleanse, nourish and hydrate fragile skin. This soothing facial helps to reduce skin sensitivity leaving skin calmed, nourished and comfortable.

55 min 52.00
Course of 6 Treatments 260.00

ESPA SKIN PURIFYING FACIAL

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance. This deep cleansing facial helps to regulate oil secretions and refine open pores. Essential Tea Tree and White Thyme oils, which are naturally decongesting and anti-inflammatory, are used to soothe and calm the skin, encouraging a more balanced and clearer complexion.

55 min 52.00
Course of 6 Treatments 260.00

ESPA

INTENSIVE & AGE DEFYING

ESPA REGENERATING FACIAL

A luxurious and regenerating facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jawline to help combat the signs of ageing. This treatment visibly improves the appearance of the skin by using special age-defying massage techniques and a selection of age-defying products to replenish and revitalise the skin, leaving your complexion toned, radiant and rejuvenated.

55 min 55.00
Course of 6 Treatments 275.00

EXPRESS

PERSONALISED EXPRESS FACIAL

Your therapist will select the most suitable facial for your skin. Every ESPA personalised facial includes a consultation, SkinVision™ analysis, cleanse, exfoliation, personalised facial mask and finishes with an application of a booster serum to suit your skin.

30 min 35.00

FACIALS CRYSTAL CLEAR FACIALS

Crystal Clear is the perfect salon treatment as it delivers instant, visible, results. It is suitable for all skin colours and all skin types and can be used to treat a wide range of skin problems on the face, hands and body.

CRYSTAL CLEAR MICRODERMABRASION

Crystal Clear Microdermabrasion takes years off your complexion by gently exfoliating the outer layer of skin.

The "Celebrities" favourite facial. Crystal Clear Microdermabrasion allows you to treat lines, wrinkles, dull de-hydrated skin, sun damage, pigmentation and scarring. The results are visible immediately however for more problematic skin a course of treatments is recommended.

With regular treatments, the skin increases its collagen and elastin formation, giving you a naturally firmer and clearer appearance.

Without Mask 30 min	45.00
With Mask 45 min	55.00
Course of 6 Treatments	275.00

CRYSTAL CLEAR OXYGEN AND MICRODERMABRASION TREATMENT

Oxygen Therapy is the perfect rejuvenation treatment for ageing skin. As we age oxygen levels in the skin cells decrease, leaving it less elastic and allowing fine lines to appear.

Our secret weapon, Anesis Oxygen Plasma Serum, is packed with active ingredients which help to restructure the skin, visibly plumping out lines and wrinkles. This means the treatment continues to work long after you leave, stimulating cell regeneration for a firmer and more youthful look.

Combine the Oxygen with the Microdermabrasion together to create the ultimate facial.

Oxygen only 30 min	50.00
Combined 60 min	75.00
Course of 6 Treatments	375.00.



FACIALS CRYSTAL CLEAR FACIALS

CRYSTAL CLEAR COMCIT™

Cryo Oxygen Microchannelling Collagen Induction Therapy

A celebrities' and A-listers' favourite, Crystal Clear fans include the Duchess of Cambridge, Kate Moss, Gwyneth Paltrow and Colin Firth – it's the ultimate star choice for silky smooth, younger looking skin.

As chemical-intensive treatments such as Botox and fillers fall out of favour, non-surgical treatments to reduce the signs of aging, are on the increase. Heralding this move is Crystal Clear COMCIT™, the latest age defying alternative that is the first of its kind anywhere in the world.

This is a unique, minimally invasive facial treatment that significantly reduces lines and wrinkles and rejuvenates skin texture and firmness. It delivers cryo oxygen, skin infusion and oxygen simultaneously to the skin through tiny microneedles which create hundreds of microscopic channels in the skin, distributing the powerful rejuvenation actives into the deeper layers of the skin where ageing begins.



The Crystal Clear COMCIT facial treatment is painless, with no downtime and takes just 45 minutes. Results are immediate thanks to the simultaneous action of the four rejuvenation technologies. Skin emerges beautifully plumped, tauter and more hydrated.

Single Treatment	85.00
Course of 6 Treatments	425.00

Fab Lounge is also offering the Crystal Clear Skincare range. Using science based ingredients, peptides at high percentages and crushed precious stones. Crystal Clear Skincare targets a range of skin concerns from anti-aging, to problematic and sensitive skin, with a variety of products for the face and body.

FACIALS

ELEMIS FACIALS

Elemis has over 25 years' experience in treating both men and women in the professional spa environment. Expert body therapies and unique massage techniques are combined with potent natural active formulations for maximum results.

ELEMIS SENSITIVE SKIN SOOTHER

Gentle massage techniques combined with a restructuring Japanese Silk Mask soaked in Absolute Skin Calm Serum helps to rebalance delicate, fragile and sensitive complexions. Relieves redness and evens skin tone, offering immediate comfort to irritated skin

60 min 55.00

ELEMIS SKIN SPECIFIC

Customised to your skin type, the facial combines skin conditioning plant actives, a prescribed mask and unique eastern facial massage techniques. Your face is deeply cleansed to help renew radiance, nourish and balance skin

60 min 45.00



ELEMIS SKIN BOOSTER

Perfect for a quick fix. These facials are uniquely designed for maximum results in minimum time. Add on your beauty essentials such as a manicure, wax or eyebrow shape for a complete package.

30 min 35.00

ELEMIS PRO-DEFINITION LIFT AND CONTOUR

Powerful lifting techniques target sagging jowls, cheeks, chin and neck for ultimate lift effect powered by breakthrough technology that combines cutting-edge plant stem cells, nutrient-rich natural lipids and firming actives.

60 min 55.00



BODY TREATMENTS

ESPA BODY TREATMENTS

We offer a huge range of solution led ESPA body treatments and massages, each one designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs.

ESPA BACK FACE AND SCALP TREATMENT

This ESPA experience delivers triple results by targeting three key areas, the back, the face and the scalp, making it the ideal treatment for anyone. Includes back exfoliation, back massage, personalised facial and scalp massage.

90 min 80.00

ESPA AROMATHERAPY MASSAGE

ESPA aromatherapy massage is a deeply relaxing full body massage using your personalised blend of Aromatherapy oils to leave you feeling relaxed, de-stressed and rebalanced

Including face and scalp
75 min 60.00

Excluding face and scalp
60 min 50.00

ESPA

ESPA HOLISTIC TOTAL BODY CARE

Fully body skin brushing and exfoliation to prepare for a deep body, face and scalp massage using a blend of essential oils chosen to suit individual requirements

85 min 75.00

ESPA BACK, NECK AND SHOULDER MASSAGE

This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs.

30 min 33.00



BODY TREATMENTS

ESPA BODY TREATMENTS

SIGNATURE MASSAGE

This specialised treatment helps to smooth and firm areas prone to cellulite, fluid retention and uneven skin texture by helping the body to eliminate toxins through a lymphatic drainage massage,

45 min 40.00

ESPA FULL BODY MASSAGE

A traditional full body massage using firm pressure to promote relaxation and ease muscle tension. This Swedish massage to back, legs, arms, abdomen, neck and shoulders is ideal as an introduction to massage, with stimulating movements to help soothe tired aching muscles and leave you relaxed and revived.

60 min 50.00

DEEP TISSUE MASSAGE

A therapeutic full body massage using aromatherapy oils which penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Full Body
60 min 50.00

Back, Neck and Shoulder
45 min 40.00

FAB LOUNGE SIGNATURE HOT STONES MASSAGE

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Full Body
75 min 58.00

Back, Neck and Shoulder
45 min 40.00

INDIAN HEAD MASSAGE

A relaxing treatment for your, shoulders, neck, scalp and face.

30 min 32.00

MASSAGE PACKAGES

There are special offers available on our massage packages. Ask your therapist for further details.



BEAUTY CARE

EYELASH EXTENSIONS AND EYEBROW TREATMENTS

LASH PERFECT RUSSIAN EYE LASH EXTENSIONS.

Lash Perfect Russian Lashes originated in Russia and has recently made a breakthrough in the US and Europe. This multi-lash technique involves adhering synthetic, ultra-fine lashes onto a single natural lash. The main benefit of Russian Layering is that it gives clients a full, high impact glamorous look with maximum natural looking volume.

Full Set of Lashes 85.00

Eye Lash Infills from 35.00

LASH PERFECT SEMI PERMANENT EYE LASH EXTENSIONS.

Lash Perfect semi-permanent lash extensions give longer, thicker, very natural looking lashes. Soft and curved Lash Perfect have a flat base and a fine, polished tip - just like natural lashes.

Full Set of Lashes 65.00

Eye Lash Infills from 25.00



RUSSIAN LONDON LASH EXTENSIONS.

The award-winning London Lashes use the finest quality luxury silk eyelashes in a large variety of lengths, thicknesses and curls to cater for every look. This multi-lash technique involves adhering synthetic, ultra-fine lashes onto a single natural lash. The main benefit of Russian Layering is that it gives clients a full, high impact glamorous look with maximum natural looking volume.

Full Set of Lashes 85.00

Eye Lash Infills from 35.00



HD BROWS

HD brows is a unique treatment for creating perfectly well-groomed, high definition eyebrows. The HD Brows procedure transforms the way you look and, more importantly, how you feel. Unlike other eyebrow treatments that use a 'one shape fits all' technique, HD Brows stylists assess face shape and colouring before creating a bespoke brow; tailored exclusively for the client.

HD Brows 25.00

BEAUTY CARE

EYELASH EXTENSIONS AND EYEBROW TREATMENTS

LVL LASHES

Created by Nouveau Lashes, LVL Lashes is a revolutionary new lash boosting technique taking the beauty industry by storm. The treatment adds length, volume and lift (LVL) for six to eight weeks. Without a perm or an eyelash extension in sight. Perms are good for curl and eyelash extensions are great for the party wow-factor, but for those of you who want to make a real impact with naturally pretty eyelashes. LVL Lashes is the way to go.

Full Set of Lashes 48.00



TINTING

EYE TREATMENTS

Eyebrow Wax and Shape	8.00
Eyebrow Tint	6.00
Eyebrow & Eyelash Tint	15.00
Eyelash Tint	12.00

THREADING TREATMENTS

Threading is an ancient art for many countries such as India. It has been practised for centuries. Threading gives more definition than tweezing, creating a very clean, precise hairline, resulting in high definition eyebrows. It is a very delicate procedure, making it suitable for even the most sensitive skin.

Eyebrow Shape	12.00
Lip or Chin	7.00
Lip and Chin	11.00

BEAUTY CARE

HOLISTIC TREATMENTS

HOPI EAR CANDLES

This treatment is completely painless and helps to rebalance the ear by drawing out impurities. It is a relaxing, soothing and natural alternative to syringing. This treatment is excellent for anyone who suffers from sinusitis, headaches, migraines, head colds, glue ear, hay fever or excessive earwax.

45 min 28.00

INSTANT SPRAY TANNING

The best part of using a fake tan is that you avoid damage to your skin from the sun's harmful rays and still get the benefit of a healthy looking tan.

Before treatment advice :

Skin should be free from self-tan, perfume, deodorant and oils.

Waxing or shaving should be completed at least 24 hours prior to treatment.

Wear dark, loose fitting clothing with dark coloured underwear,

We recommend a patch test prior to your first treatment.



VITA LIBERATA INSTANT SPRAY TANNING.

Vita Liberata has a whole range of spray tanning products designed to give you a natural looking tan. There are several shades to choose from including medium Ecuador and Brazilian dark so we can provide you with the right tan for your skin tone.

Vita Liberata is 80% organic and doesn't contain alcohol or perfume which can be harsh on the skin. It is also free from harmful parabens and contains uplifting ingredients such as Ginkgo Biloba and Pomegranate amongst other natural fruit extracts.

Full Body Spray Tan 20.00
Course of 5 Tans 80.00



BEAUTY CARE

JESSICA NAIL TREATMENT

GELeration is a unique gel that is applied like a polish with the durable strength of a gel.

GELeration Nails	25.00
GELeration Manicure	35.00
GELeration Pedicure	38.00
Express Gel Pedicure	30.00
Soak Off with new	7.00
Soak Off only	10.00



Phenom Polish dries quickly in Natural Light. A Gel like shine which can last up to 10 Days.

Manicure	26.00
Express Manicure	20.00
Luxury Spa Manicure	31.00
Pedicure	31.00
Express Pedicure	22.00
Aroma Spa Pedicure	38.00
File and Polish	13.00



Jessica Polish from the Jessica Natural Nail Care System

Manicure	24.00
Express Manicure	18.00
Luxury Spa Manicure	28.00
Pedicure	28.00
Express Pedicure	20.00
Aroma Spa Pedicure	35.00
File and Polish	12.00



MINX NAIL TREATMENT

Worn by every celebrity on the planet. Minx is a long lasting solid coating that comes in foil and sparkly metallic designs.

Minx Nail Treatment	35.00
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BEAUTY CARE

BIO SCULPTUE NAIL TREATMENT

Bio Sculpture Gel is applied as an overlay onto natural nails Sheaby a qualified nail technician. The permanent colour gel is strong and flexible, with a glossy finish, lasting for up to three weeks. Bio Sculpture Gel is an advanced nail treatment that strengthens and conditions nails. The flexible coating moves with the nails, protecting them, whilst allowing them to grow without breaking.

The product range includes various nail treatment gels that are tailored to suit specific nail types. Bio Sculpture Gel is removed with a soak-off solution in less than 15 minutes, leaving natural nails in their original or improved condition.

Full Set	32.00
Removal	8.00

NEXGEN NAIL TREATMENT

NexGen Nails is a powder technology that enables nails to grow and stay strong by adding calcium and vitamin E. It is odour free and looks natural.

Full Set	26.00
Infill	20.00
Soak off	10.00

WAXING TREATMENT

Waxing is a method of semi-permanent hair removal which removes the hair from the root. The effects last for between 2-6 weeks – depending on the individuals rate of hair growth, the time of year and how long you have been having the area waxed.

Waxing Treatments

Full Leg Wax	20.00
Half Leg Wax	15.00
High Bikini Wax	20.00
Bikini Wax	15.00
Brazilian Wax	25.00
Hollywood Wax	28.00
Under Arm Wax	10.00
Lip or Chin Wax	6.00
Lip & Chin Wax	10.00
Half Arm Wax	10.00
Full Arm Wax	16.00



MAKE UP

Here at Fab lounge we offer a full face make-up makeover. We only use the finest make-up brands MAC, HD Make-up, to name a few.

SPECIAL OCCASION MAKE UP

If you've got a special occasion coming up or you just want to make that extra bit of effort, then why not have your make-up professionally applied. Whether you're going to a christening, a party or just going out it's always nice to get that professional finish. This service lasts one hour and can include party cluster lashes or strip lashes.

Full Face of Makeup (including strip lashes)	30.00
Full Face of Makeup (without strip lashes)	25.00
Eye Makeup Only	15.00
Prom Makeup (including strip lashes)	35.00
Prom Makeup (without strip lashes)	30.00
Prom Makeup Trial	25.00



WEDDING MAKE UP

Don't want the stress of having to apply or worry about your make-up on your special day, then why not let us do it for you. A wedding make-up trial is needed during which we will look at different colours and styles you would like. Our therapist will advise you on colours and finishes that look best for your skin and in photos. This is the experimental time so that we make sure we get it just right for your big day.

Bridal Make Up on the Day	
Bride	65.00
Bridesmaid and Mother Of Bride or Groom	45.00
Bridal Make Up Trial	
Bride	35.00
Bridesmaid and Mother Of Bride or Groom	25.00

Lashes are available on request



LASER HAIR REMOVAL

Practically pain-free SWT laser hair removal with documented long-term results.

Excess hair may be the result of medical conditions, but the pressure to remove it may be cosmetic. Cultural norms and peer group pressure often require the removal of hair in certain regions such as the face, axillae (armpits), legs and bikini line for women and the chest and back for men.

Ellipse Selective Waveband Technology and laser based systems provide the fastest hair removal on the market and are applicable for most skin types. Excellent hair clearance is obtained after only 4-6 Selective Waveband Technology treatments and clinical long-term studies have proven that 77% hair is still away after 12 years.

Hair removal by Ellipse Selective Waveband Technology is nowadays commonly referred to as laser hair removal although strictly speaking it is not a laser. Owing to Ellipse's square pulse technology and dual mode filtering hair removal by Ellipse SWT systems is practically pain free in contrast to many true laser treatments

Price on application

LASER SKIN REJUVENATION

Ellipse I2PL can remove age spots, and reduce redness and uneven pigmentation. It dramatically improves texture and reduces pore size, making skin look fresher, smoother and younger. A thorough consultation is necessary prior to treatment. Ellipse I2PL is only suitable for those with light to medium skin colour. Sun exposure should be avoided for 30 days before and after each treatment

Price on application

LASER ACNE CLEARING

Ellipse I2PL can help clear acne, and reduce the inflammation and redness caused by the condition, leaving skin visibly clearer and smoother. A course of four treatments at three-week intervals is recommended.

Price on application

LASER THREAD VEIN REMOVAL

Ellipse I2PL can remove thread veins also known as spider veins or broken capillaries giving a more even skin tone and younger looking appearance. Ellipse I2PL is only suitable for those with light to medium skin colour.

Price on application

AESTHETICS

DERMAL FILLERS

Dermal fillers are used as an effective treatment to reduce the signs of ageing and also improve the aesthetics of the face. They can help reduce deep lines and wrinkles, fill hollows and smooth the contours of your face.

Price on application

ANTI-WRINKLE INJECTORS

Anti-wrinkle injections are one of the best known and popular non-surgical treatments to relax the muscles and diminish lines and wrinkles.

1 Area	150.00
2 Areas	200.00
3 Areas	250.00

SEMI-PERMANENT MAKE UP

Save the time of applying make-up by colouring your brows and lashes to the desired colour.

Permanent make or cosmetic tattooing, is a fast growing part of the health and beauty industry.

Eyebrows	250.00
Eyeliner (Top)	150.00
Eyeliner (Bottom)	150.00
Eyeliner (Both)	250.00
Lip Blush	250.00

LIP ENHANCEMENTS

To plump and volumise the lips using the very latest “Angela Effect” technique.

1 ml	250.00
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DERMATUDE META THERAPY

Dermatude Meta Therapy is the only 100% natural skin improvement method with twofold effect. It combines natural skin improvement from the inside out and externally applied active ingredients by means of special serums. A dual effect in the battle against skin aging is tackling not just the consequence, but above all the cause of skin ageing.

A face, neck and hand treatment.

60 min session	100.00
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MENS TREATMENTS

Although many of our treatments are universal to both women and men, we have pulled together a special collection of pampering treats for men.

HYDRADERM CELLULAR ENERGY FACIAL

Achieve immediate result with Guinot's brand new, revolutionary treatment which provides the alternative to aesthetic surgery. Using dynamic ionisation and thermal energy, this patented technology encourages the cellular energy in the skin which beautifully enhances and spectacularly rejuvenates the complexion. This unique treatment, with a variety of bespoke variations to suit your skin type and concerns allows you to achieve exceptional, visible and clinically proven results after just one treatment.

75 min	75.00
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ESPA BACK FACE & SCALP MASSAGE

Renowned as ESPA's 'Hero' treatment and loved by all; this spa experience delivers triple results by targeting three key areas – the back, the face and the scalp. With a back exfoliation, personalized facial and scalp massage, this presents the ideal treatment for anyone.

90 min	80.00
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TRADITIONAL FULL BODY MASSAGE

A traditional full body massage using firm pressure to promote relaxation and ease muscle tension. This Swedish massage to back, legs, arms, abdomen, neck and shoulders is ideal as an introduction to massage, with stimulating movements to help soothe tired aching muscles and leave you relaxed and revived.

60 min	50.00
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BACK NECK & SHOULDER MASSAGE

This Swedish massage focuses on the key areas in which you hold tension in your back, neck and shoulders using an oil chosen for your needs

30 min	30.00
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EXPRESS MANICURE

A mini-manicure focusing on the shaping and buffing your nails.

30min	20.00
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EXPRESS PEDICURE

A mini-pedicure focusing on the shaping and buffing your nails.

30min	25.00
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FLABeLOS AND VIBR8 TREATMENTS

It's Simple, It's Fast, It's Quiet and It's Fun.

The FLABeLOS unique balance training workout results in improved posture, blood, circulation, muscle strength and Flexibility. This compact machine is the ultimate workout machine that shakes you to becoming slimmer, fitter and healthier.

WHY USE FLABeLOS.

It provides a whole body workout in Just 10 Minutes.

See and feel the difference immediately.

Easy to use-stand on the vibrating plate, select a programme, feel it work its magic.

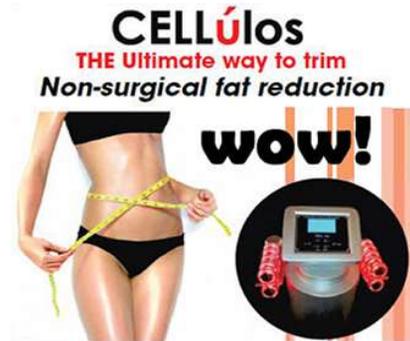


FLABeLOS TREATMENTS

Single Session	4.00
21 Session Courses	32.00

CELLuLOS TREATMENTS

Cellulos uses the ultrasonic technology to sculpt the figure by removing hard to shift fat pockets stored around the body. Although exercise and diet can slim and improve tone, to lose the last few inches you need to reduce the amount of fat cells. With Cellulos, fat cells are destroyed by ultrasonic waves to burst the fat cell membranes and melt the fat. The contents pass through the lymphatic system and are flushed away. The process is most effective when combined with drinking plenty of water to ensure the lymphatic system is working to its optimum level. Exercise can also help speed up the process.



CELLuLOSE TREATMENTS

One Month Course	125.00
Two Month Course	220.00
Three Month Course	300.00

SPA TREATMENTS

VITALITY SPA PACKAGE

Enjoy a full body exfoliation using one of our Espa Srcubs. This is the ultimate exfoliation ritual for smooth glowing skin from top to toe. Finish with a full body massage and a non-alcoholic drink before you leave relaxed and rejuvenated.

1 hour 45 min 75.00

RELAXATION SPA PACKAGE

Enjoy a 1 hour Skin Specific Espa Facial, tailored to your skin type. Enjoy a light lunch and drink of your choice in our relaxation room. Finish with a back neck and shoulder massage ensuring that you leave perfectly relaxed and rejuvenated.

1 hour 30 min 80.00

PRE AND POSTNATAL SPA PACKAGE

The ultimate TLC treatment for expecting mums. Using specially blended products for exfoliation & massage concentrating on relieving those aching and tired muscles with specialised body pillows to take away the pressure from bump.

1 hour 45 min 80.00

DE-STRESS SPA PACKAGE

Enjoy an anti-stress scalp and body massage using essential oils to soothe tension and restore lost energy. Enjoy a light lunch and drink of your choice in our relaxation room. After lunch enjoy an Espa facial to leave your skin rejuvenated .

2 hours 15 min 105.00

MENS DE-STRESS PACKAGE

This package concentrates on relieving muscular aches and pains as well as skin symptoms often associated with stressful hectic lifestyles. Enjoy a massage using essential oils followed by an Espa facial for men designed to combat the aging effects of frequent shaving.

1 hour 45 min 80.00

GUINOT AND INDIAN HEAD MASSAGE SPA PACKAGE

Treat yourself with a tailored Guinot Facial of your choice together with an Indian Head Massage to relieve those environmental stresses. Enjoy a light lunch and drink of your choice in our relaxation room.

1 hour 30 min 75.00